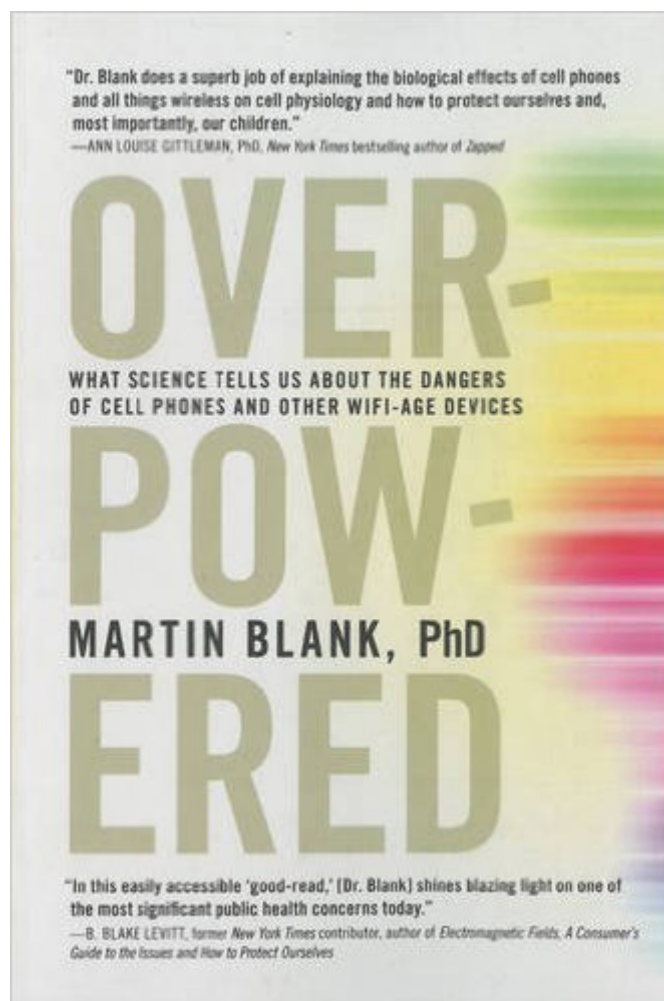


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# Overpowered: The Dangers Of Electromagnetic Radiation (EMF) And What You Can Do About It



## Synopsis

Keys, wallet, cell phone . . . ready to go! Cell phones have become ubiquitous fixtures of twenty-first-century life—suctioned to our ears and stuck in our pockets. Yet, we’ve all heard whispers that these essential little devices give you brain cancer. Many of us are left wondering, as Maureen Dowd recently asked in the *New York Times*, “Are cells the new cigarettes?” *Overpowered* brings readers, in accessible and fascinating prose, through the science, indicating biological effects resulting from low, non-thermal levels of non-ionizing electromagnetic radiation (levels considered safe by regulatory agencies), coming not only from cell phones, but many other devices we use in our homes and offices every day. Dr. Blank arms us with the information we need to lobby government and industry to keep ourselves and our families safe. *From the Hardcover edition.*

## Book Information

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## Customer Reviews

Dr. Martin Blank, an expert on the health-related effects of electromagnetic fields, has been studying the subject for more than thirty years. He earned his first PhD from Columbia University in physical chemistry and his second from the University of Cambridge in colloid science. From 1968 to 2011, he taught as an associate professor at Columbia University, where he now acts as a special lecturer. Dr. Blank has served as an invited expert regarding EMF safety for Canadian Parliament, for the House Committee on Natural Resources and Energy (HNRE) in Vermont, and for Brazil’s Supreme Federal Court. Impressive credentials, a learned man who has dedicated a significant part of his life to inform the public about the inherent risks of electromagnetic radiation, Dr. Blank, in this

book, is not an alarmist; he is a seer with a jolly tone to his writing, but what he has to advise us about is certainly serious. He begins with a discussion of electromagnetic radiation - how it works, the surprising proximity of sources (look up and see the wires overhead, the light bulbs, the microwave ovens, the extension cords, the televisions, computers, etc), and now the plethora of wireless devices that depend on their function from those EM forces filling the air (otherwise we would not be able to use cell phones, wi-fi images, stored songs) exacerbating the dangers. Tests have been done to show that such electromagnetic radiation causes cancer, brain damage (think Alzheimer's and Lou Gehrig's diseases), infertility, and who can even imagine how much else to the environment (bees, trees, foods, etc). Knowing that the big corporate producers of the ever-expanding wireless devices are not about to let anyone rain on their parade, Dr.

Martin Blank has done a terrific job at making a complex subject accessible to the lay reader. He speaks with quiet authority on a subject he knows well as one of the world's foremost researchers on EMF/RFs' effects on living cells. His is the work that august groups have looked to for guidance, especially his groundbreaking studies conducted with colleague Reba Goodman on stress protein activation and low-level EMF exposures -- things that are not supposed to happen according to popular physics/engineering wisdom. Better by far to hear from a real expert -- a biologist adept with living systems. "Overpowered" is the opposite of a Luddite screed. Rather, it is the thoughtful perspective of a respected lifelong professional at the top of his game, still enthralled with the science that captured his imagination as a young scientist. But Dr. Blank understands only too well the implications of our unfettered embrace of technology as he carefully takes the reader through the science in comprehensive, comprehensible ways, leading to intelligent solutions to cut down exposures. He articulates the 'why' as well as the 'what.' Dr. Blank does not shy away from the politics, either. In fact, he has spent much of his career on the frontlines of it. The book is also a plain, old fashioned 'good read' for professionals and lay readers alike. If you are a healthcare provider wondering why clients increasingly report amorphous life-diminishing symptoms, or someone experiencing such symptoms yourself, or a parent wondering why a child comes home with headaches after being in wifi'ed classrooms, this is the book for you. Of the several books out there on this subject today, "Overpowered" has the best bang-for-the-buck, packed in a relatively slim volume.

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